

Are You Ready for Creepy Encounters of the Scary Kind?



(Or, what everybody needs to know about personal safety and self-defense)

Not-So-Fun Facts

Assailants target women who they believe won't put up a fight.

Those who target men often look for someone who will "take the bait" they offer to get you to fight.

A woman's willingness to yell and attract attention is the single most decisive factor in fending off assault.

Physical techniques are your last resort. But knowing a few simple and effective fighting skills gives you more confidence to stick up for yourself and use your voice.

When and Where

Thursday, November 2
11:00 am - 12:30 pm

Seattle Central College
1701 Broadway
Room BE1110



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